

PED LEVEL

1

SPECIFIED PEDS ARE ALLOWED
Please turn OFF all mobile devices



UNCLASSIFIED

Welcome to the Community Action Council

Welcome Remarks

Old Business / Due Outs



UNCLASSIFIED

CAC Briefings

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The Community Action Council (CAC) USATSCH

Wheelhouse Wednesday



Who: All Transportation School Students & Faculty, Transporters, and Friends

What: "Wheelhouse" Wednesdays

Where: Fort Eustis Club (Spearhead Lounge) **8AUG**
Fort Lee Bowling Center 5SEP

When: First Wednesday of the month at 1700 HRS

Why: Network & Promote Esprit de Corps amongst the Transportation Corps

POC: Mr. Mike Aguilar, (804) 765-7447 or TC Website, WWW.TRANSPORTATION.ARMY.MIL

VIPs

- TC Honorary Regimental Colonel: (T) LTG(R) Gainey)

CASCOM Command Team Attendance

- Open to the public

TRANSPORTERS PAST and PRESENT, Encouraged to Attend!

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The Community Action Council (CAC) USATSCH

Transportation Regimental Induction Ceremony



Who: TC Senior Leaders (Officers, Warrant Officers, Senior NCOs)

What: Regimental Induction Ceremony

Where: Training Area-10 Fort Lee, VA (0930-1130)

When: Generally Monthly

Upcoming Dates: 21AUG, 11SEP, 4OCT, 23OCT

Why: Induct new Transportation Officers into the TC Regiment; network; promote team building and Esprit de Corps

POC: Mr. Mike Aguilar, (804) 765-7447

VIPs

- TC Honorary Regimental Colonel: (T) LTG(R) Gainey)

CASCOM Command Team Attendance

- Open to all Senior Leaders and Transporters

TRANSPORTERS PAST and PRESENT, Encouraged to Attend!

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The Community Action Council (CAC) USATSCH

TC Speaking Engagement Prince George County Virginia Czech & Slovak Folklife Festival

Who: Open to the public
What: Virginia Czech & Slovak Folklife Festival
Where: [Prince George Heritage Center](#)
[6406 Courthouse Road, Prince George VA 23875](#)
When: 20 October, 1100 - 1600



Why: The strong Czech & Slovak heritage in Central Virginia, and in particular Prince George County will be celebrated at the 2018 Virginia Czech & Slovak Folklife Festival, which will be held on the lawn of the historic Prince George Courthouse and the Prince George County Regional Heritage Center. This festive day showcases the wonderful music, dances, food and customs brought here by the Czech & Slovak families who settled here on abandoned farms after the Civil War and whose ancestors remain here as community leaders today.

VIPs

- Prince George Senior Officials

CASCOM Command Team Attendance

- All Fort Lee is welcome to attend.

TRANSPORTERS PAST and PRESENT, Encouraged to Attend!

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The Community Action Council (CAC)

23rd QM BDE



- WHO: 23rd QM BDE
- WHAT: Drill and Ceremonies Competition
- WHEN: 25 0800 August 2018
- WHERE: Williams Stadium
- WHY: Annual event showcasing the importance of precision drill and ceremonies furthering the Soldierization process focused on discipline, teamwork and Esprit de corps consisting of regulation and freestyle routines.



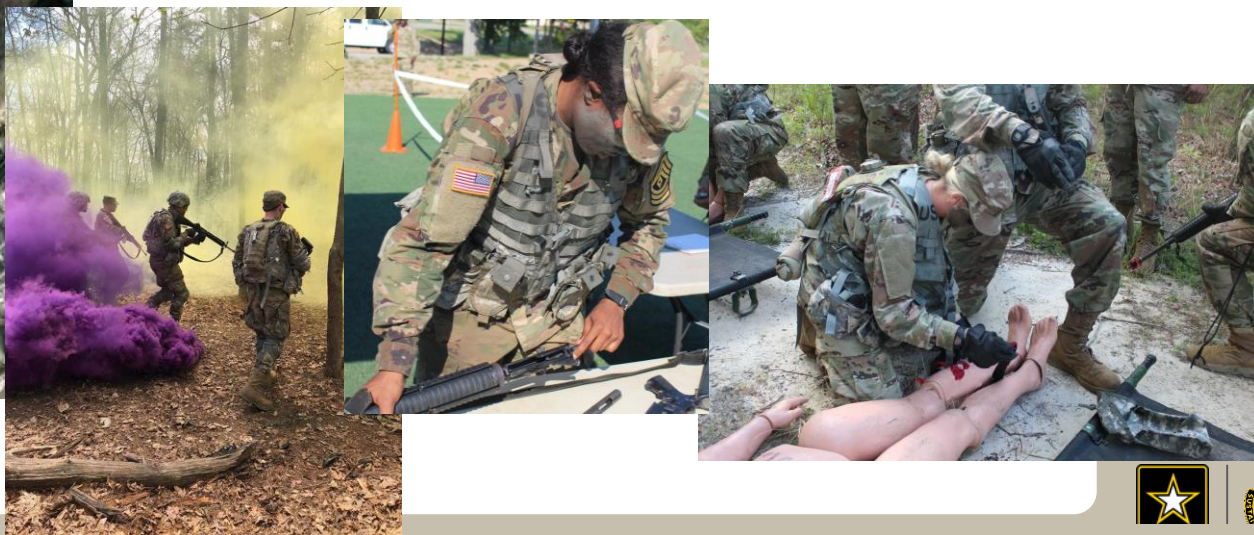
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The Community Action Council (CAC)

23rd QM BDE



- WHO: 23rd QM BDE
- WHAT: Soldier Stakes
- WHEN: 22 0800-1030 September 2018
- WHERE: Start @ TA 26 IVO Drop Zone
- WHY: Family and friends of the 23rd QM BDE are invited to watch the finest QM AIT Soldiers compete on a course designed to test Land Navigation and the IET Critical task list.



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The Community Action Council (CAC)

23rd QM BDE



- 23rd QM BDE – Southern Knights Cruisers – 4 AUG 2018 – Parade with 300 S/M
- V Co. 262nd QM Bn – Adopt a Highway, Petersburg – 17 August 2018
- G Co, 244th QM Bn – Brighter Living Assisted Center – Sharing lessons through games and activities – 18 August 2018
- M Co, 266th QM Bn – Race for the Cause (Cancer Treatment Center), Race Support, Colonial Heights – 18 August 2018
- T Co, 266th QM Bn - H2O No Bullying 5K Run/Walk – 25 August 2018
- T Co, 266th QM Bn – Back to School Prep Lakewood Elementary– 4 September 2018
- M Co, 266th QM Bn – Feed the Hungry, Dinwiddie Social Services – 22 August 2018
- A Co, 244th QM Bn - - LL Beasley Elementary – 1st day of school activities – 10 September 2018
- P Co. 244th QM Bn - Marguerite Christian Elementary School – 1st Day of School Activities – 10 September 2018



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The Community Action Council (CAC)

59th OD BDE

<p>Who: Bravo CO, 832d OD BN</p> <p>What: Beulah ES Ribbon Cutting Ceremony</p> <p>Where: New school facility</p> <p>When: 14 Aug 2018</p> <p>Why: FRG & Meeting</p> <p>POC: Stephen A. Saulnier, CPT (804) 734-5925 stephen.a.saulnier.mil@mail.mil</p>	<p>Who: Delta CO, 832d OD BN</p> <p>What: Back to School Event</p> <p>Where: Harrowgate Elementary School</p> <p>When: 8 Sept 2018</p> <p>Why: FRG & Meeting</p> <p>POC: Swan. Anita J. CPT (804) 734-5993 anita.j.swan.mil@mail.mil</p>
<p>Who: Charlie CO, 16th OD BN</p> <p>What: Sitter & Barfoot Veterans Care Center</p> <p>Where: 1601 Broad Rock Blvd, Richmond, VA 23224</p> <p>When: 29 July 2018</p> <p>Why: To provide Soldiers the opportunity to benefit from the experiences of the veterans at SBVCC, while providing support to the facility residents</p> <p>POC: CPT Michael Clark, 804-765-9319, michael.a.clark.mil@mail.mil</p>	<p>Who: Echo CO, 16th OD BN</p> <p>What: Rowanty Technical Center</p> <p>Where: Carson, Virginia</p> <p>When: 6 June 2018</p> <p>Why: To foster a new relationship with Rowanty Technical Center, Echo CO, 16th OD BN conducted a community engagement with Rowanty Technical Center to enhance community relations and build partner capacities.</p> <p>POC: CPT Andrew Umstead, 804-734-8563, andrew.k.umstead.mil@mail.mil</p>



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The Community Action Council (CAC) Army Logistics University (ALU)



Who: ALU / Fort Lee Library

What: Summer Reading Program Awards Ceremony

Where: Fort Lee Playhouse

When: 08 AUG 18 1000 – 1100

Why: To provide recognition and award those who participated in the event.

POC: Linda Flock, 804-765-8095, linda.c.flock.naf@mail.mil

VIP

- N/A

CASCOM Command Team Attendance

- Uniform: Duty Uniform or Business Casual for Civilians
- Open to Fort Lee Community



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The Community Action Council (CAC) Army Logistics University (ALU)

Who: International Military Student Office (IMSO)

What: Annual Sponsorship Picnic

Where: ALU Quad, Heiser Hall

When: 09 AUG 18 1700

Why: We will recognize sponsors (academic and social) during the event. This event provides an opportunity for on post and off post communities to learn about the international students, and gain new sponsors. We are looking for individuals or families willing to share in some of their everyday life experiences and learn about another country. This event includes food, fun, games, dancing, and socializing (bring your lawn chairs).

POC: Donna Wells, 804-765-8150, donna.m.wells.civ@mail.mil
Donna King, 804-765-8159, donna.r.king10.civ@mail.mil



VIP

- N/A

CASCOM Command Team Attendance

- Uniform: Casual
- Open to Fort Lee Community



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The Community Action Council (CAC) Army Logistics University (ALU)



WOMEN'S EQUALITY DAY

Guest Speaker: COL Beth Behn

Where: Fort Lee Playhouse

When: 16 AUG 18 1130–1230

THEN

“Men,
their rights,
and nothing more;
WOMEN,
their rights,
and nothing
less.”

Susan B.
Anthony

1868



NOW

“I decided
to make
BELIEVERS
out of the
unbelievers.”

General
Ann Dunwoody

2016



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The Community Action Council (CAC)

Army Logistics University (ALU)



Who: LOG C-3 Class 18-006

What: Class Social

Where: Lee Club

When: 29 AUG 18 1600 – 1730

Why: To establish esprit de corps and provide social interaction within the class.

POC: MAJ David Sanchez, 804-765-8401,
david.a.sanchez1.mil@mail.mil

VIP

- N/A

CASCOM Command Team Attendance

- Uniform: Duty Uniform



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The Community Action Council (CAC) HHC CASCOM



MSG Strom volunteers:

Wednesday evenings at Highland United Methodist

Church in Colonial Heights assisting with the community supper, feeding approximately 70 people.



Thursday evenings with Colonial Heights Food Pantry, distributing dairy products to the local community, assisting approximately 70 families.

Friday mornings he helps restock the Food Pantry; delivering food donated by Ft Lee's Commissary.



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The Community Action Council (CAC)

Directorate of Human Resources



U.S. Department
of Veterans Affairs

EXPLORE VETERANS AFFAIRS

LEARN ABOUT VA BENEFITS YOU MAY BE ELIGIBLE FOR

The Department of Veterans Affairs (VA) representatives will be present to provide you and your family members with valuable information and assistance on the VA health care and resources, home loans, filing claims, life insurance, and survivor benefits. Get the facts and speak with our VA workforce professionals.

When:	4 October 2017	7 March 2018	1 August 2018
	8 November 2017	4 April 2018	12 September 2018
	6 December 2017	2 May 2018	10 October 2018
	10 January 2018	6 June 2018	7 November 2018
	7 February 2018	11 July 2018	12 December 2018

Time: 0900 – 1000 (TRICARE)
1000 – 1130 (VA Health Administration)
1300 – 1400 (VA Disability Claims Process)
1400 – 1430 (AMVETS)

Where: Soldier Support Center - Bldg. 3400, Room 126

Contact: Fort Lee SFL-TAP Office (804) 734-6612 or email Army.Lee.SFLTAP@mail.mil



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U.S. ARMY

The Community Action Council (CAC)

Directorate of Human Resources

COMPANY CONNECT

**Soldier for Life-Transition Assistance Program
(SFL-TAP)**

**Soldier Support Center
1401 B Avenue, Building 3400, Room 125
Wednesday, August 8, 2018**

11:30 a.m. – 1:30 p.m.

Make the connection to a new career!

Featuring Law Enforcement/ Security/ Emergency Management



www.logos.co - 4947

***Garda Security
United States Secret Service
Virginia Commonwealth University, Police Department
Richmond Ambulance Authority
Virginia State Police
Securitas Security Services USA, Inc.
Federal Bureau of Investigations
U.S. Customs Border Protection***

More to be added

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7 Aug 18

The Community Action Council (CAC) Directorate of Human Resources

Federal Hiring Process Workshop



TRANSITION ASSISTANCE PROGRAM
Transitioning to Civilian Life



This workshop covers a wide range of information, from the development of the federal resume, to insight and understanding veteran preferences, and the hiring processes within various Federal agencies. Open to Service (all branches) and Family Members, Veterans, Retirees, and Civilians.



Thursday
August 16, 2018
10:00am- 3:00 pm

Contact the Fort Lee SFL-TAP
and register to attend the next class.

Soldier for Life – Transition Assistance Program (SFL-TAP)
Soldier Support Center – Bldg. 3400, Room 126
(804) 734-6612 / army.lee.SFLTAP@mail.mil



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The Community Action Council (CAC)

Directorate of Human Resources

Army Career Skills Programs (CSP)

Workforce Innovation Opportunity Act(WIOA) Information Session

Hosted by
CSP
Installation
Administrator

Friday, August 17, 2018

10:00 a.m. to 12 Noon

SFL-TAP Center, Room 124

Gain knowledge and guidance about Army CSPs and the Department of Labor – federally funded training programs through WIOA available to:

- **Transitioning service members – 6 months from separation**
- **Spouses of transitioning service members**
- **Spouses new to area due to a change of duty station**
- **Veterans recently separated, seeking a new career path**
- **Youth/Young Adults (16-24) considered at risk**

Featured program opportunities:

Information Technology/CyberSecurity

Manufacturing

Logistics/Distribution

Transportation/CDL Licensing

Healthcare

and much more



resource

LET'S GET TO WORK.

WIOA guidance provided by the Capital Region –Resource Workforce Center.



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The Community Action Council (CAC)

Directorate of Human Resources



The jump to business ownership begins here.

Boots to Business

Boots to Business (B2B) is an entrepreneurial education and training program offered by the U.S. Small Business Administration (SBA) as part of the Department of Defense's Transition Assistance Program (TAP). B2B provides participants with an overview of business ownership and is open to transitioning service members (including National Guard and Reserve) and their spouses.

***Facilitated by:
Old Dominion
University
Center for
Enterprise
Innovation***

August 27-28, 2018

Class Time: 0830 – 1600

Begin your journey: Introduction to Entrepreneurship: The foundational two-day, in-person course provides you with an introductory understanding of business ownership.

**Soldier Support Center
1401 B Avenue, Bldg. 3400, Room 124
Fort Lee, VA 23801**

To register

Call: 807-734-6612 or Email: Army.Lee.SFLTAP@mail.mil



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The Community Action Council (CAC) Directorate of Human Resources



YOUR RESUME IS YOUR MOST IMPORTANT TOOL WHEN APPLYING FOR A JOB

It doesn't matter how qualified you are, or how much experience you have - if your resume is poorly presented or badly written, you're going to have trouble getting the job you want - or even an interview.

Need some basic information about writing a resume and making it stand out? Looking for advice on how to fine-tune your resume objective, craft your work history section, and show off your education and skills? Then you need to attend the Resume Writing Workshop to learn how to write a resume optimizing each section for maximum success.

**Fort Lee Soldier for Life Transitional Assistance Program (SFL-TAP)
Soldier Support Center**

1401 B Avenue, Building 3400, Room 126, Fort Lee, VA 23801-1724
Hours: Monday-Friday, 7:30 a.m. to 4:30 p.m. (closed on federal holidays)
Phone: (804) 734-6612; DSN: 687-6612

VTAP RESUME WORKSHOP SCHEDULE

August 28, 2018

1:00 - 4:00 pm

LOCATION

**Fort Lee
SFL-TAP Center**

**Contact
804-734-6612 to
register**

www.dvs.virginia.gov



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The Community Action Council (CAC)

Directorate of Human Resources

Franchising Veterans' Transition Forum

Want to own a business OR maybe become a franchisee?

Wednesday, August 29, 2018

0900 – 12 Noon

Soldier Support Center, Room 124

To register: Call 804-734-6612 / Email: army.Lee.SFLTAP@mail.mil

Learn:

How to start a franchise or independent Business.

How to select a business model that is right for you.

The acquisition process.

Affordability – There are hundreds of franchises with a total investment under \$150,000!

Financing opportunities!

Free services to get you started.

Questions or need more information call (888) 729-5557



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The Community Action Council (CAC)

Directorate of Human Resources

Pre-Retirement Seminar

Friday, August 31, 2018

0830 – 1600

Soldier Support Center Auditorium

1401 B Avenue, Bldg. 3400, Fort Lee, VA 23801

Soldier for Life-Retirement Service Office is responsible for providing Soldiers and Family members with information on retirement programs, benefits, and entitlements. It is imperative that Soldiers plan their military retirement to include family, long before the application for retirement is submitted; results equal a peaceful and organized retirement.

Recommended: Soldiers and Families should attend a pre-retirement orientation within 12-24 months to ensure a successful planned retirement “there is no penalty to attend more than one session”. The information provided in our pre-retirement orientation is designed to help Soldiers and Families prepare for retirement.

For More Information

Contact Soldier for Life-Retirement Services Office

804-734-6555/6973/7345

NEXT SEMINAR IS SCHEDULED FOR FRIDAY, FEBRUARY 22, 2019



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The Community Action Council (CAC) Kenner Army Health Clinic



SUBSTANCE USE DISORDER CLINICAL CARE

In January 2018, the Kenner Behavioral Health, Substance Use Disorder Clinical Care (SUDCC) Division began accepting low-risk alcohol users on a **Voluntary basis (without Command involvement)** for assessment and treatment if the Service Member noticed any of the following:

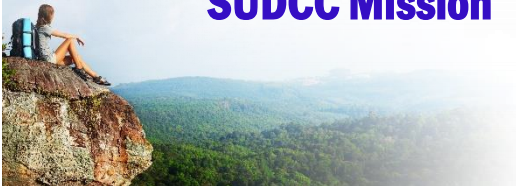
- Concern that their alcohol use has increased over the past several weeks to months
- Someone has expressed concern about their use
- They are drinking to fit in
- They are interested in learning better ways to cope with down/off time other than drinking

HOW TO GET HELP

Service Member can call and schedule an assessment at SUDCC - (804) 734-9183

SUDCC Mission

Provides substance use disorder clinical care, including 4 main components: assessment, treatment, rehabilitation, and aftercare for Service Members and other beneficiaries within an integrated medical and behavioral health model to enhance health and readiness



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The Community Action Council (CAC) Kenner Army Health Clinic

Did you know Kenner has a Lactation Room?

- Comfortable chairs
- Privacy
- Sink available

Room L7,
located in
the hall
between
Pharmacy
and Lab



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The Community Action Council (CAC) Kenner Army Health Clinic



June 2018 JOES Comment:
“Clinic could benefit from an online
patient to Provider messaging system”



- TRICARE Online Secure Messaging allows patients to send electronic messages to their provider
- Sign up in your primary care clinic
- Only about 25% of patients are currently signed up
- Formerly known as RelayHealth
- New URL is www.TOLSecureMessaging.com



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The Community Action Council (CAC) Kenner Army Health Clinic



Required for anyone new to Virginia schools or playing sports

Starting 14 August, Wilkerson Pediatric Clinic is offering additional physical appointments on Tuesdays and Thursdays 1600-1730

Call 1-866-533-5242 or use www.tricareonline.com to schedule your child's school physical

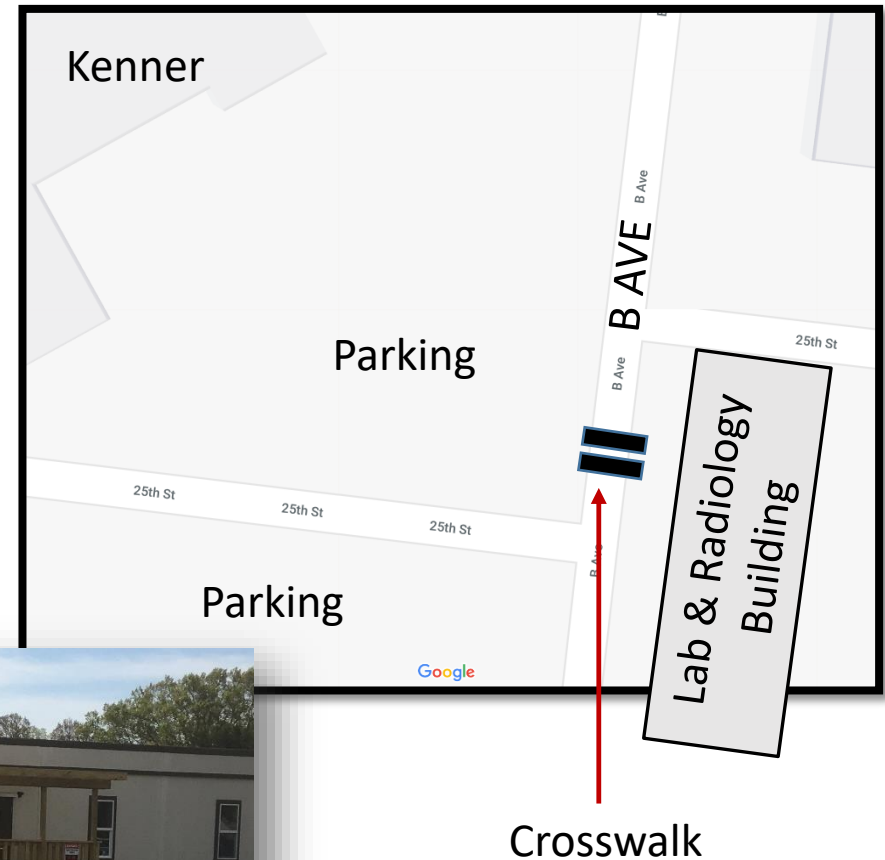


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The Community Action Council (CAC) Kenner Army Health Clinic

Lab & Radiology Renovation

- Starts in late August
- Lab & Radiology will provide services out of temporary buildings for 6-9 months
- No loss of capability



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The Community Action Council (CAC) Religious Services Office

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WORSHIP SERVICE

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CONTEMPORARY

CASUAL

-CAPTIVATING-

Liberty Chapel - 9:09 AM - Sundays



The Community Action Council (CAC) FMWR

Meet the Family and MWR Brand Team



Community Engagement
Upcoming Family and MWR Events and Happenings
Education on programs and service



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The Community Action Council (CAC) FMWR



THE LEE CLUB *Soup & Salad*

11:30 a.m. - 1 p.m.
Tuesday through Friday

ONLY \$**10** PER PERSON

DETAILS: (804) 734-7547/7541



LEE.ARMYMWR.COM



FORT LEE FMWR



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The Community Action Council (CAC) FMWR



RIGHT ARM NIGHT



NEW LOCATION!

**EVERY 3RD WEDNESDAY
5 PM**

Open to all ranks and all services, **Military or Civilian**
**COMPLIMENTARY REFRESHMENTS
AVAILABLE**

DETAILS: (804) 734-7547 |  **LEE.ARMYMWR.COM** |   **FORT LEE FMWR**

NEXT EVENT: AUGUST 15



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The Community Action Council (CAC) FMWR

Family and MWR



DETAILS: (804) 734-6860



LEE.ARMYMWR.COM



FORT LEE FMWR



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The Community Action Council (CAC) FMWR

Family and MWR

TenStrike



YOUTH

BOWLING LEAGUE

SEPTEMBER through MARCH

SPONSOR:



Saturdays at 9 a.m.

\$21 USBC Registration fee,
League Saturdays are FREE!



Commercial Sponsorship does not imply endorsement from the Department of Defense, U.S. Army or Fort Lee.

DETAILS: (804) 734-6860



LEE.ARMYMWR.COM



FORT LEE FMWR



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The Community Action Council (CAC) FMWR

A promotional poster for Fort Lee Outdoor Recreation. The background is a scenic view of a park with trees and a wooden bridge. On the left is a large yellow shield-shaped logo. Inside the shield, the top half shows a person mountain biking on a green hill with pine trees and a sun. The bottom half shows a person kayaking on a blue river. A yellow banner across the middle of the shield reads 'Outdoor ADVENTURE DAY'. To the right of the shield, the text 'FORT LEE OUTDOOR RECREATION' is at the top in white. Below it, two green circles precede the words 'Mountain Biking' and 'Kayaking' in large white font. Further down, 'at Pocahontas State Park' is written in a cursive script. The date 'AUGUST 11' is in large blue block letters. Below the date, 'Book BOTH for only \$35' is written in a mix of white and green fonts. At the bottom left is a small circular logo for 'U.S. ARMY MWR' with 'COUNSELING - FAMILIES - RETIREES' around it. At the bottom right is a Facebook icon followed by 'FORT LEE FMWR'. The bottom of the poster has a blue banner with white text: 'DETAILS: (804) 765-2059 or lee.armymwr.com'.

FORT LEE OUTDOOR RECREATION

- Mountain Biking
- Kayaking

at Pocahontas State Park

AUGUST 11

Book **BOTH** for only **\$35**

U.S. ARMY MWR
COUNSELING - FAMILIES - RETIREES

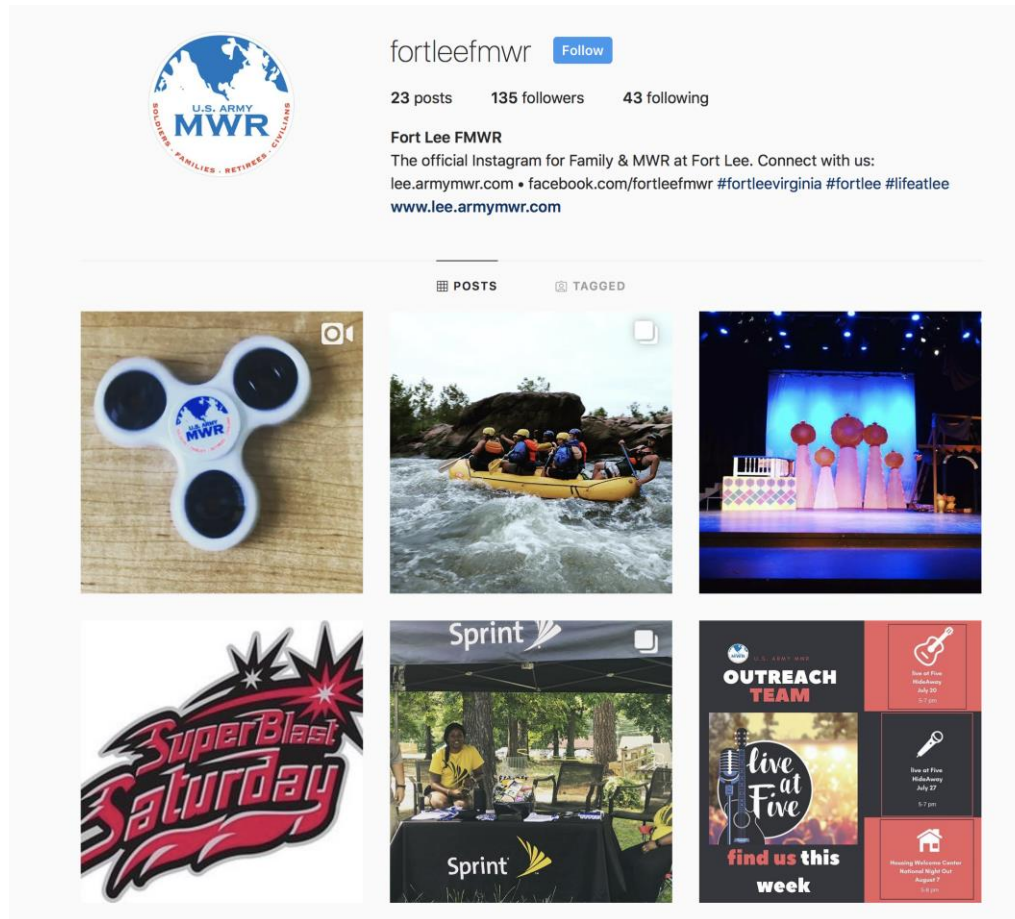
DETAILS: (804) 765-2059 or lee.armymwr.com

f FORT LEE FMWR



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The Community Action Council (CAC) FMWR



Connect with FAMILY AND MWR on Instagram!



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The Community Action Council (CAC) Army Community Service

Family and MWR **ACS** Army Family Action Plan Program



Army Family Action Plan **Lunch & Bowl**

**AFAP Issues Group Discussion,
FREE Lunch and Bowling**

**September 13
11:30 am - 1 pm**

Service Members Only, RSVP NLT September 7

TenStrike Bowling Center, Bldg. 8016, 2403 C Avenue

DETAILS: (804) 734-7979



LEE.ARMYMWR.COM



FORT LEE FMWR



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The Community Action Council (CAC) Army Community Service

Family and MWR **ACS** Army Family Team Building
& Relocation Readiness Programs

 **ARMY COMMUNITY SERVICE**
ACS
Real Life Solutions for Successful Army Living



PREPARING FOR TRANSITIONS LUNCHEON



August 15
11 AM - 1PM
TenStrike Bowling Center

Free and open to the Fort Lee community; RSVP Aug. 13

Fort Lee Families will be educated on how to prepare for and manage life transitions, which include **PCS moves, changing schools, adjusting to new environments, and navigating services from state-to-state for EFMP families.**

DETAILS: (804) 734-7979  LEE.ARMYMWR.COM   FORT LEE FMWR



The Community Action Council (CAC) Fort Lee Area Spouses' Club



**Don't Miss
This Great
Event!**

Fort Lee Area Spouses' Club
Super Sign Up

**Join us for our annual
Super Sign Up Event!**

Vendors! Thursday, September 6
From 10 am-2 pm
At Memorial Chapel

Strollers Welcome!

Refreshments! **Come find out
what we're all about!**

Door Prizes!

Already a member?
**Renew your application while you check out local
vendors and other great Fort Lee organizations!**

Contributing Sponsor, AUSA!



The Community Action Council (CAC) Fort Lee Area Spouses' Club

Come Shop with Us!

The Fort Lee Area Spouses' Club

Thrift Shop

Is located at the corner of Lee and B Avenues

Hours of Operation: Wednesday & Friday 9:30am-2pm and
Thursday 4:30pm-7pm

Consignment Hours: Wednesday & Friday 9:30am -11:45am
Thursday 4:30pm -6:30pm

****Volunteers Needed During Business Hours****

For More Information, Call 804-765-3312 or Email
FtLeeThriftShop@gmail.com

Find Us on Facebook: Ft Lee Thrift Shop



The Community Action Council (CAC)

Holiday Helper at Fort Lee

Who: Holiday Helper at Fort Lee

What:

1. Holiday Helper has been successful once again qualifying for the CFC Campaign. #98644
2. Board members are working to send Open House invitations to the schedulers of our most senior elected officials.
3. Holiday Helper has been awarded two grants so far this year! Early indicators show community support for our military appears to be on the rise this year.
4. Custom farewell collages were created, signed, framed and presented to 4 departing senior leaders in the past two months as a thank you for their continued support of the program.
5. Two of our largest supporters, VDOT and DMV, have been working hard to support our military, holding bike and toy drives, sponsoring and planning various events throughout the year to make the difference in the life of a military child this holiday season!
6. This is the last week for collecting school supplies from the community. The majority of units have picked up their supplies. If your unit can benefit from free school supplies, contact Ms. Joy Metzger listed below.

POCs: Susan Garling, email@holidayhelperassociation.com, 804-305-7599 or
Joy Metzger, mail4joymetzger@gmail.com, 804-519-3616



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August Event Calendar Summary

SUN	MON	TUE	WED	THU	FRI	SAT
			1 VA Speakers	2	3	4
	ACS/ARC Youth Leadership Program (Fire Station #2)					
5	6	7	8 Wheelhouse Wednesday Summer Reading Program Awards Ceremony Company Connect	9 Sponsorship Picnic	10	11 FMWR Mountain Biking/Kayaking
12	13	14	15 Right Arm Night AFTB/Relo Social	16 Women's Equality Day Program Federal Hiring Workshop	17 WIOA Info Session	18
19	20	21	22	23	24	25 Drill/Ceremony Competition
26	27 Boots to Business	28 Resume Writing Workshop	29 Franchising Veterans Forum	30	31 Pre-Retirement Seminar	



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Alibis

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The Community Action Council (CAC) FMWR

OWN **100 YEARS** OF SUSTAINMENT HISTORY



Originally priced **\$95.00**,
this beautiful print is now priced

\$50.00

Available for pick-up only at
the Picture Perfect Frame Shop.

PURCHASE YOURS TODAY!



Details: (804) 734-6137 or leemwr.com/sustainmentprint

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7 Aug 18

The Community Action Council (CAC)

Safety/DES

Fort Lee 190-5

16-3. Walking/Jogging with Headphones

The use of portable headphones, earphones/earbuds or other listening and entertainment devices while walking, jogging, skating, bicycling or skateboarding on installation sidewalks, roadways or areas adjacent to roadways is prohibited. Headphones and earphones/earbuds may be worn when using any of the Fort Lee running tracks. However, single earpiece devices are permitted for use on sidewalks.

3-1. Speed Limits

Speed limit on Fort Lee is 25 MPH unless otherwise posted. 10 MPH when approaching or passing a formation and 15 MPH in housing areas.

Crosswalk Safety: VA law applies on Fort Lee

Virginia law requires that pedestrians use crosswalks if they are available. Motor vehicles must yield to pedestrians in a crosswalk, whether the crosswalk is marked or not. Pedestrians are also responsible for paying attention at cross walks.



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The Community Action Council (CAC)

FMWR (Better Opportunities for Single Soldiers (BOSS))

6 Aug-30 Sep - BOSS Strong Competition: Our 6-person Fort Lee team that won Region last year will be competing again this year. If they win again, they will advance to the finals at Fort Bragg (29 Oct-11 Nov). You can watch last year's competition on YouTube (<https://www.youtube.com/watch?v=s9m2kOQtSk>)

8 and 15 Aug - 1st Annual BOSS BEACH OLYMPICS!!! This will be a two part/two day event. First with the clean-up and organization followed by the three beach events. Clean up of the area has been scheduled for 8 Aug and the BOSS BEACH OLYMPICS will be that following Wed, 15 Aug. Request that all BOSS REPS be present for the cleanup as we are only able to bring 13 able bodies for the first day and the actual event 30 SM to partake in the event.

29 Aug -Whitewater Life Skills Training: Educational training on the lower James River. Sign up before 24 Aug.

8-9 Oct, AUSA Meeting/BOSS Army Ten Miler Team: Must complete 10-miler in less than 2:30 to qualify. Get with BOSS team ASAP if you have Soldiers interested in representing Fort Lee and IMCOM-Training Directorate. IMCOM will fund TDY costs and expenses for those Soldiers selected.

Contact our BOSS President, CPL Edwards (michael.k.edwards21.mil@mail.mil) to sign up for any of these events or to inquire about BOSS specific volunteer opportunities.



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The Community Action Council (CAC)

American Red Cross

- Who:** Military Dependents 18 and older with a high school diploma or GED
- What:** Dental Assistant Training through the American Red Cross
- Where:** Fort Lee Dental Clinic
- When:** Applications will be released at the ARC office on 15 Aug 18 and will be due in early September. Interviews will be conducted by ARC and DENCOM personnel in September. Course will begin in October for chosen applicants.
- Why:** To provide skills training and opportunities to military Families
- POC:** Christy Carneal, 804-731-5682, christy.carneal@redcross.org

VIP

CASCOM Command Team Attendance

N/A



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Open Discussion

Closing Remarks

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Next CAC Scheduled for 4 Sep 18, 0930-1100

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