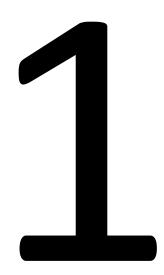
PED LEVEL



SPECIFIED PEDS ARE ALLOWED
Please turn OFF all mobile devices





The Community Action Council (CAC) Army Community Service

Volunteers of the Quarter

September - November 2018

Candace Hauser

Army Family Team Building

Tearessa Malott

Exceptional Family Member Program

Nicole Marshall

Army Family Team Building











CAC DUE-OUTS (28 Jan 19)

TASK	LEAD	STATUS	REMARKS
ACS App Update	FMWR Date tasked: 2 Oct 18		App has been updated. Due out complete.
Update on Splash Park Features	RCI/Hunt Date tasked: 2 Oct 18		Contractor will be on site Wednesday, 7 Feb to assess the splash park.

As of: 2 Nov 2018





Wheelhouse Wednesday

Who: All Sustainment School Students & Faculty, Sustainers, and Friends

What: "Wheelhouse" Wednesdays

When: First Wednesday of the month at 1700 HRS

Where: 6 Feb: Fort Eustis Transportation Museum

6 Mar: Fort Lee Bowling Alley

Why: Network & Promote Esprit de Corps amongst the Sustainment Community

POC: Mr. Mike Aguilar, (804) 765-7447 or TC Website, WWW.TRANSPORTATION.ARMY.MIL

VIPs

• TC Honorary Regimental Colonel: (T) LTG(R) Gainey)

CASCOM Command Team Attendance

• Open to the public



Prince George School Community Partnership

Adopt a School Partnership

JEJ Moore Middle School Wednesday Greeter Program Every Second Wednesday of the month at 0700 HRS Next event: 13 February

Supporting Transportation School Adopt-A-School program by meeting with the school's administration team and interacting with students providing positive reinforcement and leadership by presence in the school's hallways.

POC: SSG Atenta, Jeffryan, (804) 765-1948,

jeffryan.s.atenta.mil@mail.mil







The African American Soldier

in Vietnam and at home

February 13, 2019 11:30am U.S. Army Transportation Museum Regimental Room 300 Washington Blvd, Fort Eustis

FIRST of the Brown Bag Lecture Series 2nd Wednesday each month- 'Save The Date'



The presentation will discuss African Americans' memory of their military service in Vietnam and racial tension during the 1960s. In this session, problems with the literature on this topic will be explained, and the role and challenges African American military families faced as the war raged in Vietnam while the country was experiencing unrest during the Civil Rights Movement.



About Dr. Isaac Hampton II

Dr. Isaac Hampton II is the Quartermaster Branch Chief historian at Fort Lee, VA. He is originally from Urbana, Ohio and an Army veteran. Hampton earned his Ph.D. in 20th Century U.S. History from the University of Houston where his research focused on the condition of the African American officers' experience concerning unfair promotion, systemic racism, and the influence of the Black Power movement on African Americans serving in uniform during the Vietnam era. He received his Master's degree in history from Texas Southern University and his Bachelor's degree from Urbana University.

Dr. Hampton has been a guest speaker at the Pentagon, a contributor to PBS-KLRN's "The Vietnam War: Stories from South Texas" in support of Ken Burn's "The Vietnam War" series, in addition to the Texas Historical Commission's documentaries on Texas during the First World war. He has also appeared as a subject matter expert on various Texas radio stations.







An entertaining look at the origin of Scotland's golden nectar and how Scotch whisky took over the whisky world.

The Army had a spirit ration. In 1785, it was set at 4 oz. of rum then reduced to 2 oz. of whiskey, brandy, or rum in 1790. In 1794, troops about to enter combat or who were engaged in frontier service could receive a double ration of 4 oz. of rum or whiskey; this was extended in 1799 to include troops engaged in fatigue duties. It was discontinued in 1832 and replaced with a ration of coffee and sugar.

In 1846, a spirit ration was reinstated for issue to troops engaged in construction or surveying duties; this was discontinued in 1865.

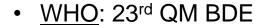


About Joseph V. Micallef

Joseph V. Micallef is a historian, bestselling author, keynote speaker, syndicated columnist, and war correspondent. He has produced, directed or written dozens of programs on military history and world politics as well as written several books. He is a weekly columnist for Military.com and a contributor to Forbes. Joe writes a weekly column, Global Pulse, on international politics that is syndicated to over 1,800 different media outlets. He has appeared as a commentator on a variety of broadcast venues including CNN, Fox News and Fox News Radio. He holds a Graduate Degree from the Massachusetts Institute of Technology and was a Fulbright Fellow at the Italian Institute of International Affairs. Joe also holds the Diploma in Wines and Spirits from the WSET. He writes and speaks frequently on the history of wines and spirits as well as judges several international competitions.



23rd QM BDE



• WHAT: Soldier Stakes Competition

WHEN: 23 FEB 2019

WHERE: Fort Lee, VA

 WHY: The 23rd Quartermaster Brigade executes BDE Soldier Stakes within the 23rd QM BDE footprint IOT promote physical fitness, Esprit-de-Corp, and camaraderie.







23rd QM BDE



February Community Involvement

- 1 FEB 2019 T Co Lakeview Elementary School Event
- 3 FEB 2019 E Co Super Bowl Party Setup and Participation
- 6 FEB 2019 B Co Special Olympics Bowling Practice
- 9 FEB 2019 B Co Girl Scout Lock in Set up
- **13 FEB 2019** Right Arm Night (QMS)
- 16 FEB 2019 B Co Miss Pageant- Hopewell High School
- 22 FEB 2019 J Co Colonial Heights High School's Volunteer-a-thon
- 23 FEB 2019 BDE Soldier Stakes Competition
- 27 FEB 2019 B Co Black History Assembly- Hopewell High School
- 28 FEB 2019 M Co CC Wells Elementary School Read Along Day





The Community Action Council (CAC) 59th Ordnance Brigade

- HHC, 59th Ordnance Brigade, Leadership Development
 - Thomas Dale High School West Campus
 - 28JAN19
- Bravo Company, 832d Ordnance Battalion, Literacy Mentorship
 - Beulah Elementary School
 - 16FEB19
- Echo Company, 832d Ordnance Battalion, High Five Challenge
 - Ettrick Elementary School
 - 21FEB19
- Alpha Company, 832d Ordnance Battalion, Physical Ed./English Class Engagement
 - North Elementary School
 - 21FEB19
- Delta Company, 832d Ordnance Battalion, Family Fitness Night
 - Harrowgate Elementary School
 - TBDFEB19









Patient & Family Advisory Council

Do you have issues, concerns or suggestion on improving patient experience at Kenner?

- Kenner Beneficiaries can now become advocates for patient-centered healthcare in the Fort Lee community.
- Develop relationships with other members on the council.
- Gain a better understanding of healthcare system.

February 13, 4-5 p.m., 1st floor breakroom

Refreshments will be available

If interested in attending visit the Customer Service Desk or call Trudy Corbett at 734-9512





New Pharmacy Hours



- Starting 2 JAN 2019, Kenner Pharmacy hours are 0700-1745, Monday-Friday
- Opening at 0700 increases staffing during the busy 1430-1530 window to provide you better service
- Refill windows, with no ticket required, are open 0800-1700. Refills may be picked up outside those hours by taking a ticket.



Company Commanders may grant their 1SG/Drill SGT/XO access to medical information like appointment times by submitting the following to clinic front desk staff:



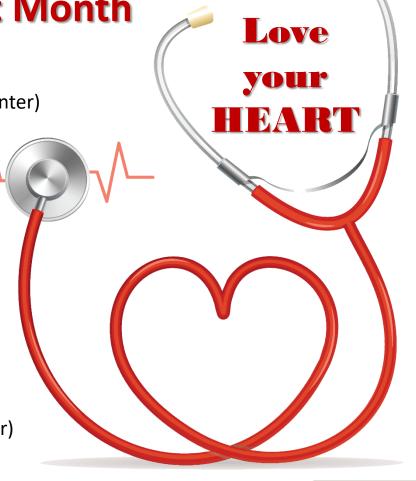
February is American Heart Month

6 Tips for a Healthy Heart

Eat a healthy diet (Dietician/Army Wellness Center)

 Maintain a healthy weight (Army Wellness Center)

- 3. Exercise regularly (Physical Therapy)
- 4. Don't smoke (Prev Med/Army Wellness Center)
- 5. Limit alcohol use (SUDCC)
- Manage high cholesterol, high blood pressure, and diabetes (Primary Care Provider)







Saturday, Feb. 23

8 a.m.-noon Walk-ins

Services available

- Wellness exam
 - Vaccines
 - Microchips
- Heartworm tests
 - Fecal test

Pet Weight Management Seminar will be offered afterwards from 1-4 p.m.



Who: Fort Lee Dental Clinic Command President's Day Schedule

What: 15 February- BULL DC CLOSED/ MOSIER (TMC2) OPEN

18 February-BOTH Clinics CLOSED

Where: MOSIER DC AND BULL DC

DOD and CQ on call 24/7 can be reached at Kenner Staff Duty line 866-533-5242 or DOD cell 804-931-7837 or CQ cell 804-931-7936.

POC: LTC Dentonio Worrell dentonio.e.worrell.mil@mail.mil 734-9529

<u>VIP</u>	CASCOM Command Team Attendance		
N/A	N/A		





Who: Fort Lee Dental Clinic Command

What: MON MARCH 4- BULL DC CLOSED/ MOSIER (TMC2) OPEN

TUE MARCH 5- BOTH Clinics CLOSED

Why: Doctors fulfilling Continuing Education requirements

DOD is on call 24/7 outside duty hours for true emergencies and can be reached at Kenner Staff Duty line at 866-533-5242.

DOD cell 804-931-7837 or CQ cell 804-931-7936.

POC: LTC Dentonio Worrell dentonio.e.worrell.mil@mail.mil 734-9529

<u>VIP</u>

CASCOM Command Team Attendance

N/A

N/A







The Community Action Council (CAC) Religious Services Office



	ASH WEDNESDAY SERVICES – 6 Mar 19	
Memorial Chapel	Noon	Catholic
Liberty Chapel	Noon	Protestant

For more information, contact the RSO at 734-6494 or visit us at www.lee.army.mil/rso



Religious Services Office



Fort Lee Religious Support Office presents

THE LIVING LAST SUPPER

Who Betrayed Jesus?

Did we all?



"Lord, is it !?"

Wednesday 17 April · 7 p.m. · Memorial Chapel

A live re-creation with words, music, and silence of the events from that Last Supper Join us for fellowship afterwards.





The Community Action Council (CAC) Religious Services Office

MEMORIAL CHAPEL CATHOLIC MASS 6 MARCH 2019 THRU 21 APRIL 2019

- Wednesdays Noon Mass
- 6 MARCH 1200 Ash Wednesday
- 18 April 1700 Holy Thursday
- 19 April 1500 Good Friday
- 20 April 2000 Holy Saturday, Easter Vigil
- 21 April 0900 Easter Sunday

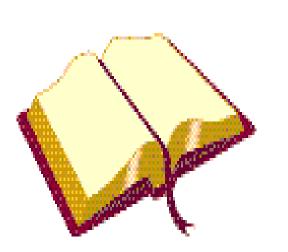




The Community Action Council (CAC) Religious Services Office

Dinner and Discipleship Winter/Spring Classes

Every Wednesday -- 1730 dinner

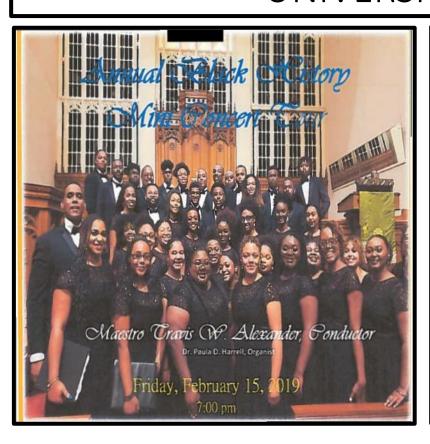


1800 bible study
Memorial Chapel
Family Friendly



Religious Services Office

NORTH CAROLINA A&T STATE UNIVERSITY CHOIR



Memorial Chapel

1901 Sisisky Blvd

Fort Lee, VA

FREE & OPEN TO THE PUBLIC

Point of Contact:

Michael C. Wallace (850) 443-1647

15 February 2019, 1900 hrs







The Community Action Council (CAC) Religious Services Office





Day/Date	Catholic (all at Memorial Chapel)	Protestant		
Sunday 14 April Palm Sunday	Sunday Mass @ 0900	Regular worship schedule at all chapels		
Wednesday 17 April		Living Last Supper @ 1900 Memorial Chapel		
Thursday 18 April Holy Thursday	Holy Thursday Mass @ 1700			
Friday 19 April <i>Good Friday</i>	Good Friday Service @ 1500			
Saturday 20 April Holy Saturday	Easter Vigil Mass @ 2000			
Sunday 21 April Easter	Sunday Mass @ 0900	Easter Sunrise Service @ 0700 at Williams Stadiumfollowed by continental breakfast AND regular schedule at all chapels		

For more information, contact the RSO at 734-6494 or visit us at www.lee.army.mil/rso

Religious Services Office

FORT LEE NATIONAL PRAYER BREAKFAST

Hosted by the Religious Support Office"Selflessly Serving God and Country"

Guest Speaker:

Chaplain (COL) Gregory Walker

Friday, February 22nd, 2019 0730-0900 @ The Lee Club

See your unit chaplain for tickets.

For inquires call 266th QM UMT (804)734-6751 or

Fort Lee Garrison RSO (804)-734-6494

\$5 recommended donation

Attire: Military - Duty Uniform; Civilian – Business



Directorate of Human Resources



Briefings Time

0900 -1000 - TRICARE 1000-1100 VA Health Admin. 1300-1430 VA Disability Claims and AMVETS

Location

Soldier Support Center Building 3400 SFL-TAP Center **Room 124**

EXPLORE VETERANS AFFAIRS Get the knowledge you need concerning YOUR

entitlements and benefits.

Department of Veteran Affairs (VA) and Tricare, representatives will provide valuable **AMVETS** information and assistance on topics covering retiree health insurance; VA health care services, filing disability claims and more.

ALL BRIEFS ARE HELD ON THE 1ST WEDNESDAY OF **MONTH PENDING HOLIDAYS**

Wednesday, February 6, 2019

Contact: Fort Lee SFL-TAP Center - 804-734-6612 OR email army.lee.sfltap@mail.mil





The Community Action Council (CAC) Directorate of Human Resources



The jump to business ownership begins here.

Begin your journey: Introduction to Entrepreneurship: The foundational two-day, in-person course provides you with an introductory understanding of business ownership.



Boots to Business

February 19-20, 2019

Class Time: 0830-1600

Soldier Support Center 1401 B. Avenue, Bldg. 3400, SFL-TAP Classroom 124 Fort Lee, VA 23801

To Register:

Call: 807-734-6612 or Email: army.lee.SFLTAP@mail.mil

Boots to Business (B2B) is an entrepreneurial education and training program offered by the U.S. Small Business Administration (SBA) as part of the Department of Defense's Transition Assistance Program (TAP). B2B provides participants with an overview of business ownership and is open to transitioning service members (including National Guard and Reserve) and their spouses.





The Community Action Council (CAC) Directorate of Human Resources

Franchising Veterans' Transition Forum

Want to own a business OR maybe become a franchisee?

Thursday February 21, 2019 0900 – 1300

Soldier Support Center, SFL-TAP Classroom 124
To register: Call 804-734-6612 / Email: army.Lee.SFLTAP@mail.mil

Learn: How to start a franchise or independent Business. How to select a business model that is right for you. The acquisition process.

Affordability: There are hundreds of franchises with a total investment under \$150,000!

Financing opportunities!

Free services to get you started.

Questions or need more information call (888) 729-5557







Directorate of Human Resources





Veterans Education Training and Employment Virginia Transition Assistance Program

RESUME WRITING WORKSHOP

YOUR RESUME IS YOUR MOST IMPORTANT TOOL WHEN APPLYING FOR A JOB

It doesn't matter how qualified you are, or how much experience you have - if your resume is poorly presented or badly written, you're going to have trouble getting the job you want - or even an interview.

Need some basic information about writing a resume and making it stand out? Looking for advice on how to fine-tune your resume objective, craft your work history section, and show off your education and skills? Then you need to attend the Resume Writing Workshop to learn how to write a resume optimizing each section for maximum success.

Fort Lee Soldier for Life Transitional Assistance Program (SFL-TAP)

Soldier Support Center

1401 B Avenue, Building 3400, Room 126, Fort Lee, VA 23801-1724 Hours: Monday-Friday, 7:30 a.m. to 4:30 p.m. (closed on federal holidays) Phone: (804) 734-6612; DSN: 687-6612

WORKSHOP SCHEDULE

February 26, 2019 0900-1200

LOCATION
Fort Lee
SFL-TAP Center
Contact
804-734-6612 to
register

www.dvs.virginia.gov





FORT LEE TAX CENTER

FREE TAX PREPARATION AND E-FILING FOR ACTIVE-DUTY SERVICEMEMBERS, MILITARY RETIREES, AND THEIR FAMILIES!

OPEN 28 JAN - 19 APRIL 2019

0830-1700 MON-FRI, (On Normal Duty Days)

WALK-IN'S ACCEPTED TUESDAY AND THURSDAY

(***LAST CLIENTS SEEN AT 1600***)

WHAT TO BRING:

REQUIRED -

- Military, Retiree, or dependant ID Card (For ALL family members)
- Social Security Card (For ALL family members)
- All W2, W2G, Form 1099-R, 1099-INT, and other statements of income and interest
- Power of Attorney
 (If spouse does not come with you)

OTHER IMPORTANT ITEMS -

- Prior Year Tax Returns
- Home Mortgage Interest Statement
- Childcare Information (Including provider's tax ID number)
- Tuition Statements (Form 1098 -T)
- Student Loan Interest Statements (Form 1098-E)
- Alimony Payments
- Stocks or Mutual Fund Sales
- Healthcare Statements (Forms 1095-A,B,C) or Exemption Number.
- . Bank Routing and Account Numbers
- VA Disability Letter

Due to limited resources, we will <u>NOT</u> be able to prepare tax returns involving:

- More than one rental property income:
- More than 10 stock or mutual fund sales; or
 - Self-employment income (e.g. Uber, Lyft, Airbnb, etc)



WE LOOK FORWARD TO SERVING YOU!

Come by the Tax Center or call (804) 734-5732 for Appointments





FEBRUARY 16, 6:30 - 10 PM **DINNER, MUSIC, DANCING & PHOTOS** \$50 PER COUPLE

(PURCHASE TICKETS ONLINE AND AT LEISURE TRAVEL SERVICES)

DETAILS: (804) 734-7547/7541



LEE.ARMYMWR.COM 1 1 9 0 FORT LEE FMWR













THE LEE PLAYHOUSE

presents

Steel Magnolias

February 3, 2, 8, 9, 15, 16, at 8 PM February 3, 10, 17, at 3 PM

Tickets: \$16 Adults \$7 Youth (16 & under)



Details: (804) 734-6629 or lee.armymwr.com









FORT LEE FAMILY & MWR PARTY GUIDE

Multiple Party Spaces Catering, Bars & more. Book your space now!

THEHIDEAWAY THE CARDINAL GOLF CLUB **TENSTRIKE** THELEE CLUB

More details at https://lee.armymwr.com/promos/family-and-mwr-party-guide















Who: FMWR, MacLaughlin Fitness Center

What: CLOSED

Where: MacLaughlin Fitness Center

Why: Joint Culinary Competition (26 Feb-15 Mar)

Renovation of Facility (16 Mar – 15 Jun)

SPC: 25 Feb: Increases hours of operation to: Mon - Fri; 0500-2130; Sat-Sun

& Holidays: 0800-1600

Clark: Will keep current hours of operation: Mon - Fri: 0500-1630 due to youth activities. Starting 11 Mar: Increases hours of operation to: Mon - Fri; 0500-2130; Sat-Sun & Holidays: 0800-1600

ALU and Ordnance Fitness Facilities will keep current operational hours



The Community Action Council (CAC) Hunt Housing



SWEET TREAT TUESDAY

FORT LEE FAMILY HOUSING IS CELEBRATING VALENTINE'S DAY A LITTLE EARLY
THIS YEAR

BRING YOUR SWEET TOOTH AND JOIN US AT YOUR NEIGHBORHOOD CENTER FOR DELICIOUS CHOCOLATE FONDUE AND ALL THE TRIMMINGS TUESDAY, FEBRUARY 12, 2019 FROM 4:30 TO 6:00PM

Fun Activities Will Be Had by all of the Little Ones Bring your neighbor to join in the fun

1510 Sisisky Blvd | Fort Lee, VA 23801 fortleefamilyhousing com | 804.733.1558







The Fort Lee Exchange Main Store will be hosting a In Love with Makeup Valentine Mixer 9 February starting at 1200.

Two coupons will make shoppers' hearts skip a beat: \$5 off \$30 purchase or \$15 off \$60 purchase when using a MILITARY STAR® card. Coupons are valid only for the day of the event, and are limited to cosmetics, fragrances, bath and body, hair care, skin care and nail products.

Questions about this event please call 804-861-5970.

VIP	CASCOM Command Team Attendance
NA	N/A



The Exchange considers Diesel and alternative fuels (E85) for every location world wide as a part of a new construction process. The Exchange can make a business case adding fuel to new construction or to fit any upgrade to existing facilities.

 VIP
 CASCOM Command Team Attendance

 NA
 N/A





Like at Visit the Fort Lee Exchange Facebook Page to find out about upcoming events and promotions going on.

https://www.facebook.com/LeeExchange/



VIP

NA

CASCOM Command Team Attendance

N/A



Who: 2019 Army Emergency Relief Campaign kick-off event

What: Army Emergency Relief Campaign

Where: Post Theater, Lee Play House Bldg#4300

When: 28 February 2019, 13:00-14:00

Why: To inform 100% of the installation Active Duty Soldiers and civilians about the services available at Army Emergency Relief

POC: Patsy Piggott/ 804 734-7952/ patsy.m.Piggott.civ@mail.mil

CSM Tracey Anbiya, (R) Financial Administrator

LTG Raymond V. Mason Director Army Emergency Relief **CASCOM Command Team Attendance**





February Event Calendar Summary

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6 Wheelhouse Wednesday Explore VA	7	8	9 59 th Polar Bear Plunge Makeup Valentine Mixer
10	11	12 Sweet Treat Tuesday	Brown Bag Lecture Patient/Family Advisory Council	14	A&T University Black History Choir Concert	16 Sweet Heart Dinner
17	PRESIDENT'S DAY	19 Boots to Business	20 Boots to Business	21 Franchising Veterans Forum	22	23 Whisky Lecture Soldier Stakes Vet Wellness Clinic
24	25	26 Resume Writing	27	28	1	2

Next CAC Scheduled for 5 Mar 2019, 0930-1100