

Welcome to the Community Action Council

COL Hollie J. Martin Garrison Commander USARMY

05 November 2019

UNCLASSIFIED//FOUO



The Community Action Council (CAC) HHC CASCOM HHC CASCOM SFRG Breakfast

Who: Headquarters and Headquarters Company SFRG Team What: SFRG Breakfast Burrito Sale When: November 21, 2019 (0830-UTC) Where: CASCOM Building 5020 Cafe Why: Build Unit Morale and Develop Unit Esprit-de-corps



DONATIONS ARE APPRECIATED ③





The Community Action Council (CAC) HHC CASCOM POW Safety Training

Who: Headquarters and Headquarters Company(SFC Rolon) What: Privately On Weapon Safety Training When: November 1, 2019 (1000) Where: CASCOM Team Room 2024 Why: To educate Soldier on the importance of POW handing IAW Fort Lee Regulation 190-2





Community Action Council (CAC) HHC CASCOM

CASCOM CG Golf Scramble

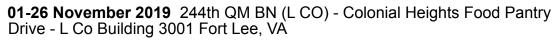
Who: Headquarters and Headquarters Company What: CASCOM CG Golf Scramble When: November 1, 2019 Where: Cardinal Golf Club Why: Build Unit Morale and Develop Unit Esprit-de-corps







The Community Action Council (CAC) 23d QM Community Involvement



01 November 2019- 262d QM BN (R CO) – Prince George High School Event - Prince George, VA

08 November 2019 - 266th QM BN (T CO) - Lakeview Elementary School Event - Colonial Heights, VA

08 November 2019 - 266th QM BN (M CO) - CC Wells Elementary School Event - Chester, VA

09 November 2019 - 244th QM BN (P CO) -obstacle course - Marguerite Christian Elementary School - Chesterfield, VA

11 November 2019 - 266th QM BN (E CO) - Williamsburg Landing **Veterans Day Celebration -** Williamsburg, VA

11 November 2019 - 244th QM BN (G Co) - Veterans day appreciation - Southside Elementary School - Dinwiddie, VA

14 November 2019 - 244th QM BN (P CO) - Read with a Soldier - Marguerite Christian Elementary School- Read with a Soldier

18 November 2019- 262d QM BN (U CO) – North Elementary School Event - Colonial Heights, VA

20-21 November 2019 - 244th QM BN (P CO) - Career Day - Marguerite Christian Elementary School- Career Day

23 November 2019 – 262d QM BN (J CO) - Colonial Heights High School Volunteerathon - Colonial Heights, VA

28 November 2019 - 23d QM BDE - Thanksgiving Meal Serving - Fort Lee, VA







The Community Action Council (CAC)



Combined Arms Support Command Presents National American Indian Heritage Observance



21 November 2019 1130-1230 Fort Lee Playhouse





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The Community Action Council (CAC) We Need You to... DONATE ASBP militaryblood.dod.mil



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The Community Action Council (CAC) 59th Ordnance Brigade

Alpha Company, 832d Ordnance Battalion

07NOV19 - Gym and Lunch at North Elementary

Bravo Company, 832d Ordnance Battalion

21NOV19 – Grandparent Breakfast Day at Beulah Elementary

Charlie Company, 832d Ordnance Battalion

02NOV19 – Book Festival, Falling Creek Elementary

16NOV19 – Veteran Horse Therapy Area Improvement; Lonesome Dove Equestrian Center

Delta Company, 832d Ordnance Battalion

11NOV19 – Veterans Day Lunch; Harrowgate Elementary

Echo Company, 832d Ordnance Battalion

06NOV19 – Veteran Elderly Home Luncheon



HHC, 59th Ordnance Brigade

11NOV19 – Veterans Day Luncheon; Spring Arbor of Salisbury Assisted Living Home



Alpha Company, 16th Ordnance Battalion

7 NOV 19 – Elizabeth Scott Elementary Book Fair

Bravo Company, 16th Ordnance Battalion

24 OCT 19 - Carver Middle School P.E. Class

Charlie Company, 16th Ordnance Battalion

1 NOV 19 – Walton Elementary Book Buddy Program

Delta Company, 16th Ordnance Battalion

11 NOV 19 - Enon Elementary Veteran's Day

19-20 NOV 19 – Enon Elementary Grandparents' Lunch

Echo Company, 16th Ordnance Battalion

30 OCT 19 – Curtis Elementary After School Activities

Foxtrot Company, 16th Ordnance Battalion

14 NOV 19 – Ecoff Elementary Recess Visit

Alpha Company, 73d Ordnance Battalion

26OCT19- Volunteer at Food Pantry; Strong Tower Church

Bravo Company, 73d Ordnance Battalion

18OCT19 - Donate to Colonial Heights Food Pantry

HQ/E, 73d Ordnance Battalion

25OCT19 - Trunk or Treat

OTD-G, 73d Ordnance Battalion

250CT19 – Trunk or Treat





The Community Action Council (CAC)

USATSCH

- Who: Prince George County Parks and Recreation Department
- What: Christmas Card Contest for Students in Grades 3rd 5th
- When: 1-16 November
- Where: Parks and Recreation Department 11100 Old Stage Rd Prince George, VA 23875

PG County Parks and Recreation Department is sponsoring a Christmas Card Contest for students enrolled in Prince George County Schools. For registration and rules for the contest contact Debbie Lafland at 458-6164.





The Community Action Council (CAC)

PRINCE GEORGE COUNTY PUBLIC SCHOOLS SCHOOL CALENDAR 2019-20

- 5 November Staff development Day, No school for Students
- 11 November Veterans Day, School closed
- 27 29 November Thanksgiving Break

Parent Conferences for Elementary School are by appointment only throughout the year





The Community Action Council (CAC) Directorate of Emergency Services

- Who: Fort Lee Community
- What: AED/CPR Training

Where: Building 1530 (Fire Station 2) Across from the Main PX

When: 2nd Tuesday and Saturday of Each Month @ 0830 hours. Contact POC to enroll.

Why: Be prepared at home or work when the need arises to save a life. Receive American Safety & Health Institute (ASHI) certification.

POC: Asst. Fire Chief Brian Harness, (804) 765-3967, brian.d.harness.civ@mail.mil

VIP CASCOM Command Team Attenda		d Team Attendance
N/A	N/A	
COL Hollie J. Martin/804.734.7188/hollie.j.martin2.mil@mail.mil		05 November 19



The Community Action Council (CAC) Directorate of Emergency Services

Who: Fort Lee Fire Wardens (Facility Managers)

What: Fire Warden

Where: Bldg 6055

When: 2nd Thursday of Each Month @ 0900-1100 hours

Why: Facility Manager Training for Fire Prevention and Inspections

POC: Fire Inspector Stephan Southard, (804) 734-7973, <u>stephan.r.southard.civ@mail.mil</u>





The Community Action Council (CAC)





The Community Action Council (CAC)

FORT LEE OUTDOOR RECREATION **REE CANOPY** EN IUR 1 p.m. @ Tree Time Adventures

Sign-up Deadline: NOVEMBER 8 *See special notice @ lee.armymwr.com DoD Civilians, ask about the CWF Experience special pricing.

DETAILS: (804) 765-2212/2059



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FORT LEE FMWR

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Open to

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The Community Action Council (CAC)

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he Community Action Council (CACRIDAY NOVEMBER 15

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MWE

5 p.m. - 7 p.m.

ADULT CRAFT

NIGHT

JOIN US AT BUNKER HALL TO CREATE YOUR OWN FALL PINECONE CENTER PIECE!

> RSVP by November 11 Cost : FREE

DETAILS: (804) 765-8095



FORT LEE FMWR

COL Hollie J. Martin/804.734.7188/hollie.j.martin2.mil@mail.mil



The Community Action Council (CAC)

Port Lee's Family and MWR umination

ECEMBER 5, 4:30 PM ON THE LEE CLUB LAWN MAHONE AVE. & BATTLE DRIVE, FORT LEE, VA

FORT LEE

Santa arrives at 5 PM!

Sprint



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Details: (804) 765-1539 • lee.armymwr.com



SEDONA

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The Community Action Council (CAC)

THE LEE CLUB PRESENTS

November 28, 1 pm

DINNER

\$26.95 per Adult, \$13.50 per Child (3 - 9 yrs old) Children 2 and under are free

Reservations required by November 20

DETAILS: (804) 734-7547/7541



LEE.ARMYMWR.COM





The Community Action Council (CAC)





The Community Action Council (CAC) AAFES

11 November - Veteran's Day Holiday Hours: 1000-1800

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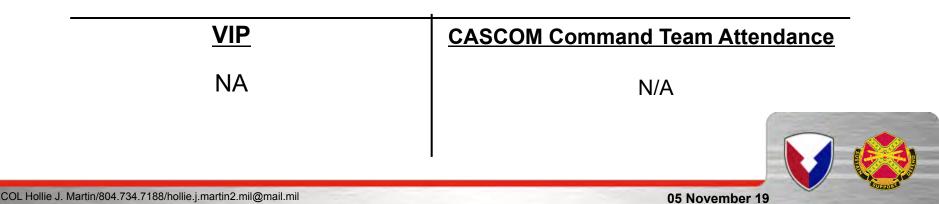
11 November – Thank You Veterans Enjoy any size coffee for Free at any Express or Troop Store

*

11 November – Double your Points on Military Star Card Purchases and save 10ϕ per gallon on fuel with your Military Star Card

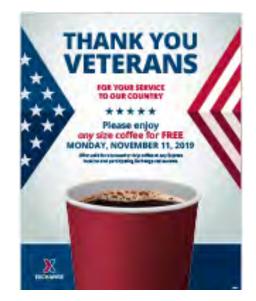
29 November – Main Store Black Friday Hours: 0600-2000

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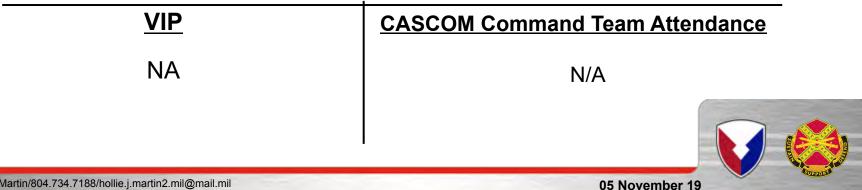




The Community Action Council (CAC) **AAFES**







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The Community Action Council (CAC)

Like at Visit the Fort Lee Exchange Facebook Page to find out about upcoming events and promotions going on.

https://www.facebook.com/LeeExchange/



Fort Lee Army Senior Leaders & Families Strong Bonds Event

Begins - Friday, 21 February, 1700hrs Ends - Sunday, 23 February, 1200hrs Training, Meals, Hotel, and Childcare Provided

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(TBD) Hotel at Virginia Beach (TBD)

This Strong Bonds event is designed to assist Senior Leaders and their families in building emotionally healthy and resilient relationships. The training is scheduled for 3 hours on Friday night and 3 hours on Saturday and Sunday mornings. The afternoons are free for family recreational activities.



REGISTER With Family Life Chaplain Chaplain (MAJ) Hines – Benjamin.I.hines.mil@mail.mil https://einvitations.afit.edu/inv/anim.cfm?i=473707&k=0666410E7B50 Family Member Info/Registration Sheet is also required, email CH Hines.





Location To Be Determined







The Community Action Council (CAC)



Officer Christian Fellowship





When: Every Wednesday

Time: 1830-1930

Where: ALU Room 3508

Who: Both commissioned and warrant officers

*Dinner is provided POC: CH (CPT) KIMBERLY INGRAM @ (804) 720-8267



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The Community Action Council (CAC) Religious Leaders Forum



WHO: Religious leaders from Fort Lee and surrounding communities.

WHAT: A forum to discuss how to partner together to better serve Service Members and their Families.

WHEN: 13 November 2019, 0730-1230

WHERE: Liberty Chapel, Engagement Skills Trainer, Call for Fire Simulator, Reconfigurable Virtual Tactical Trainer, 23rd Ordnance DFAC.

WHY: To ensure that as a religious community there is a unified effort to support the unique challenges Service Members and their Families face.





All men are cordially invited to join in a Discipleship, Breakfast, and Bowling Fellowship Event. No cost to attend.

Date: Saturday, November 16, 2019 Time: 9:00 am to 12:00 pm Location: Ten Strike Bowling Center Building 8016, 2403 C Avenue, Fort Lee, VA

To sign-up or for more information, contact: CW5 Travis Elliott (PMOC President) fortleepmomc@gmail.com or 804-765-4112





Let's Go Bowli



ATTENTION MEN FORT LEE PROTESTANT MEN OF THE CHAPEL (PMOC) Cordially invites you to our

ANNUAL HOLIDAY BREAKFAST

Saturday, 14 December 2019 8 AM – 9:30 AM

Location:

Golden Corral 2501 Conduit Road Colonial Heights, VA 23834

Please R.S.V.P. by Friday, 6 December 2019 to CW5 Travis Elliott (PMOC President), John Curd, or email fortleepmomc@gmail.com

> No cost to attend. Your family/guest are welcomed.



The Community Action Council (CAC)



Catholic Religious Education Sunday Mornings, after Mass Time: 1015 to 1130

Memorial Chapel Education Wing

For more information Contact MS Patti Ramos @ cccstmartins@gmail.com



Ft. Lee's RSO Annual Christmas Cantata SUN-15-DEC @ 1430 Memorial Chapel sanctuary Open to the public



The Community Action Council (CAC)

Renew Communion Service Every WED 1145-1230hrs at Heritage Chapel (corner of Sisisky & C Avenue)

A time for mid-week reflection, healing, and spiritual renewal. Food and fellowship following the service. **Everyone is welcome!** POC: Chaplain Mike Keifman Michaelkeifman2.mil@mail.mil





The Community Action Council (CAC) Kenner Army Health Clinic





The Community Action Council (CAC)

Kenner Army Health Clinic

Two open seasons run at the same time this fall: **TRICARE Open Season and Federal Benefits Open Season.** TRICARE Open Season applies to anyone enrolled in or eligible for TRICARE Prime (including the US Family Health Plan) or TRICARE Select. Federal Benefits Open Season is for enrollment in the Federal Employees Dental and Vision Insurance Program (FEDVIP). Both the TRICARE and FEDVIP open seasons begin on Nov. 11 and end on Dec. 9. Enrollment choices made during this period will take effect on Jan. 1, 2020.



Learn more! Visit **www.tricare.mil/openseason19**. Sign up for email alerts and check back for updates on that page.



The Community Action Council (CAC) Kenner Army Health Clinic



FIT FOR DUTY COMPETITION

Calling ALL Soldiers, Family Members (>18yrs Old), Retirees, and DoD Civilians!

Teams of 5-10 will compete for points that can be earned through a variety of health improvement and health conscious activities.

> Sign-up begins Nov. 1 & closes Dec. 16

Contact Ms. Danielle Spragley for rules, scoring, and details Danielle.d.spragley.ctr@mail.mil The goal of the **Fit for Duty** is to create a tradition of friendly competition that educates the military community on the benefits of living a healthy lifestyle while enhancing the readiness and resiliency of the Fort Lee population.





The Community Action Council (CAC)

Come out and enjoy a free gritted hotdog and sign-up our Tobacco and Vape program,

reat

Date: 21 November from 11 a.m. - 1p.m. Location: Kenner 1st Floor Breakroom

If you sign up for the Tobacco Cessation Class that day, you will be entered into a drawing (Gift Bag)!

Questions call (804) 734-9426

SMOKEOUT

Quitting smoking isn't easy. It takes time. And a plan. You don't have to stop smoking in one day. Start with day one. Let the Great American Smokeout event on November 21 be your day to start your journey toward a smoke-free life. You'll be joining thousands of people who smoke across the country in taking an important step toward a healthier life and reducing your cancer risk.

Date: 21 November from 11 a.m. - 1p.m.

Location: Kenner 1st Floor Breakroom





The Community Action Council (CAC)

Holidays for Heroes Open House

Tuesday, December 3, 2019 1645 – 1830 Petersburg Red Cross Office 22 W. Washington Street

(Holidays for Heroes is our program that supports the items we collect to provide to veterans, active duty and deployed service members) Open House open to the community; Welcome and comments at 1700.

Upcoming Blood Drives – redcrossblood.org

- 11/15 YMCA Chester 1200-1600
- 11/16 Prince George High School 0900-1300
- 11/22 Colonial Heights Senior Center 1200-1600
- 11/25 Hopewell Community Center 1400-1800
- 11/26 American Legion/Colonial Heights 1400-1800

American Red Cross

Christy.Carneal@redcross.org





Holiday Helper at Fort Lee

Ensuring NO Military Child Goes Without!

- Nomination forms were emailed 1 NOV to assigned POCs. Suspense date: 21 NOV
- Community members who want to volunteer to be an elf or wrapper, watch our facebook page on 1 NOV for signup details.
- FYI only Two 53' trailers will be delivered to the toy store parking lot. This is required to store overage items and allow the toy store to remain functioning.
- Unit shopping schedules will be mailed out by the first week of December.



• Donation boxes have been distributed throughout various on and off post agencies/businesses.

• Our community has truly stepped up to make this event happen... bikes have been received, children's books, hats and gloves are being collected, toy drives/ runs are being held, donations are being submitted.







The Community Action Council (CAC)

Soldier for Life-Transition Assistance Program



Briefing Times

0900-1000 TRICARE 1000-1100 VA Health Admin 1300-1430 VA Disability Claims and AMVETS

> *Location* Soldier Support Center Building 3400 SFL-TAP Center Room 124

EXPLORE VETERANS AFFAIRS Get the knowledge you need.

TRICARE, Department of Veteran Affairs (VA) and AMVETS representatives will provide valuable information and assistance on topics covering retiree health insurance, VA health care services, filing disability claims, and more.

ALL BRIEFS ARE THE 1ST WEDNESDAY OF MONTH Except holidays

Wednesday, November 6, 2019

Contact: Fort Lee SFL-TAP Center - 804-734-6612 OR email army.lee.sfltap@mail.mil





The Community Action Council (CAC)



Fort Lee Soldier for Life-Transition Assistance Program (SFL-TAP) Career and Resource Fair "REINTEGRATE AND REMAIN ARMY STRONG!"

1000 – 1400 @ The Lee Club Building 9009, Lee Avenue / Battle Drive, Fort Lee, VA



Thursday, November 14, 2019

This fair is open to the public.

Be ready! Be serious! Be willing to make that change!

Questions contact Army.lee.SFLTAP@mail.mil / 804-734-4055



Featured Organizations...still adding

Allen Corporation of American AAFES Averitt Transportation Capital One City of Richmond **Dominion Energy** Newport New Shipbuilding FEDEX Freight General Dynamics **Givens Transportation Global Connections to Employment** DC Metropolitan Police Department Pamukey Regional Jail Patient First Randstad **Richmond City Sheriff's Office** Securitas State Farm Insurance Edward Jones Sunbelt Rentals, Inc. UtiliQuest Virginia State Police Defense Commissary Agency United States Secret Service United States Department of Agriculture Defense Contract Management Agency United States Census Bureau Dept. of Homeland Security - FEMA Boots to Suits Military OneSource USO Pathfinders Richmond Veterans Center...



Featured Employers will include both Federal and Private sectors.











The Community Action Council (CAC)

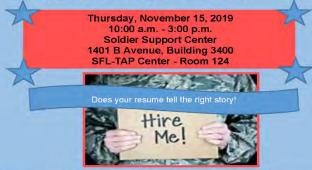


FEDERAL HIRING PROCESS

This workshop covers a wide range of information to assist you with your objective to obtain federal employment OR to revise and create a stronger resume!

Topics covered:

- Developing a Federal resume
- o Understanding veteran preferences and veteran hiring authorities
- Hiring processes of various agencies
- Use of Office of Personnel Management resource links



TO register: Contact the SFL-TAP Center at 804-734-6612 OR email us - <u>army.Lee.SFLTAP@mail.mil</u>.

This workshop is open to all transitioning service members, retirees, veterans, spouses and DA Civilians!





YOUR RESUME IS YOUR MOST IMPORTANT TOOL WHEN APPLYING FOR A JOB

RESUME WRITING

WORKSHOP

It doesn't matter how qualified you are, or how much experience you have - if your resume is poorly presented or badly written, you're going to have trouble getting the job you want - or even an interview.

Need some basic information about writing a resume and making it stand out? Looking for advice on how to fine-tune your resume objective, craft your work history section, and show off your education and skills? Then you need to attend the Resume Writing Workshop to learn how to write a resume optimizing each section for maximum success.

Fort Lee Soldier for Life Transitional Assistance Program (SFL-TAP) Soldier Support Center

1401 B Avenue, Building 3400, Room 126, Fort Lee, VA 23801-1724 Hours: Monday-Friday, 7:30 a.m. to 4:30 p.m. (closed on federal holidays) Phone: (804) 734-6612; DSN: 687-6612

Virginia Transition Assistance Program(VTAP)

Resume Workshop 9:00 am - 12:00 pm

Last Tuesday of the month November 26, 2019

NO WORKSHOP IN

Location: SFL-TAP Room 124

> Soldier Support Center





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Fort Lee Family Housing





Annual Holiday Photo Shoot

November 9th & 23rd • 9:00am - 2:00pm -Location: Welcome Center

The Holiday Season is Almost Here!

Please join us and have a professional photographer take your family's holiday photo. You will get to pick out your favorite photo and we will have holiday cards printed for you!

Please RSVP, at the Welcome Center, at least one day prior to the event you would like to attend.

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fortleefamilyhousing.com

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Fort Lee Family Housing

Holiday Gift Wrapping

Sneak in to your Neighborhood Center for some hot chocolate & quiet time to get all of your gifts wrapped just in time for the Holidays. All wrapping essentials provided.

Neighborhood centers open: December 2 - December 24 Monday - Friday 8:30 am - 5:30 pm & additionally at the Welcome Center on Saturdays 9am-12pm.





Fort Lee Family Housing



Hunt Military Communities will be launching the Annual CEL Resident Satisfaction Survey November 12th–December 12th. For your convenience, this year the survey will be emailed to all residents.

Service with a Smile!

The Annual CEL Resident Satisfaction survey provides you with an opportunity to share your thoughts and feedback on how we are able to help create Exceptional Living Experiences for you and your family! As part of our overall resident satisfaction program, our commitment to you is to listen and react to the information you share with us!

THINGS TO KNOW ABOUT THE Annual CEL Resident Satisfaction Survey:

- Your participation is vital to ensure we know how you feel about all the things we do right for you, and if we have any poportunities for improvement. We CARE about you and your family and the quality of service we provide. It is our privilege to be of service to you.
- This year all surveys will be sent on November 12, 2019, via email to the address we have on file in the leasing office. Please check your spam folder in the event you do not receive the survey by end of day on November 12, 2019.
- If you still have not received your survey, please notify the leasing office so we can assist you.





The Community Action Council (CAC)

Next CAC Scheduled for December 03 0930-1100



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